

Adverse Childhood Experiences (ACEs) Awareness

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ACEs are traumatic life events that occur during childhood, including abuse, neglect, and different household challenges. The more ACEs a child is exposed to, the more likely they are to experience life challenges and health issues in adulthood. In Ventura County specifically, 1-3 ACEs was the prevalent number of hardships faced in households. We worked with local community organizations and members to raise awareness on ACEs and potentially break the cycle of generational trauma.

Ventura County	Percent		
	Households with Children	Households without Children	All Households
0 ACEs	5	5	5
1-3 ACEs	47%	46%	46%
4 or More ACEs	18%	15%	17%

Adventist Health Simi Valley recognizes the importance of raising awareness among ACEs by providing accurate information, connecting with local partners, identifying target populations, and simplifying essential material to create positive change. Adventist Health Simi Valley understands the significance of creating supportive and healthy relationships, building resilience, providing local resources, and enhancing trauma informed care in a non-clinical settings for those who are facing any hardships because of ACEs.

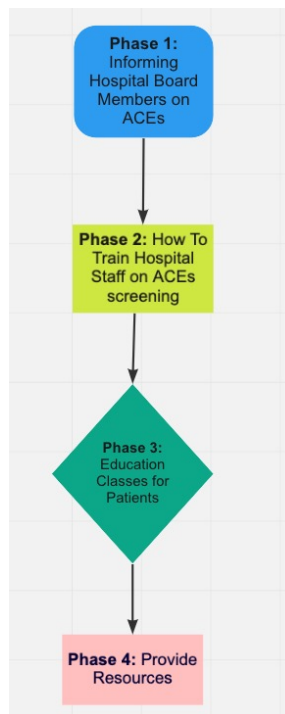
Living God's love by inspiring health, wholeness and hope.

To combat the issue of ACEs among community members, community involvement, internal, and external frameworks were developed. Also, partnering with For the Need Foundation enabled for the creation and implementation of training volunteers on ACEs, how to help those experiencing ACEs, and how to practice trauma informed care in a non-clinical setting.

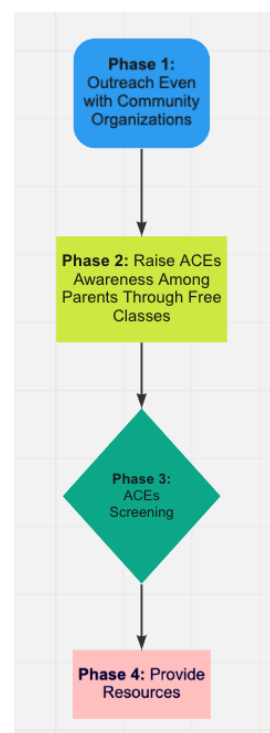
Community Involvement



Internal Framework



External Framework



Recommendations

Partnering with local community organizations is key when trying to create real social change. They aid in resources and help with extending a mission's reach and impact. Trauma informed care methods in non-clinical settings should continuously be trained and practiced.