

# Jamboree Housing Improving SDOH in the City of Fullerton

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## Introduction

\*Jamboree Housing Corporation is a nonprofit housing company that develops, acquires, renovates, and manages permanently affordable rental and ownership housing throughout California for working families, seniors, and people with special needs. It is also creating waves in community development. For my fellowship, I worked there on improving SDOH and lessening social disparity with two goals.

## First Goal

\*By the end of 2023, 10% of residents of Jamboree Housing will have increased their financial stability.

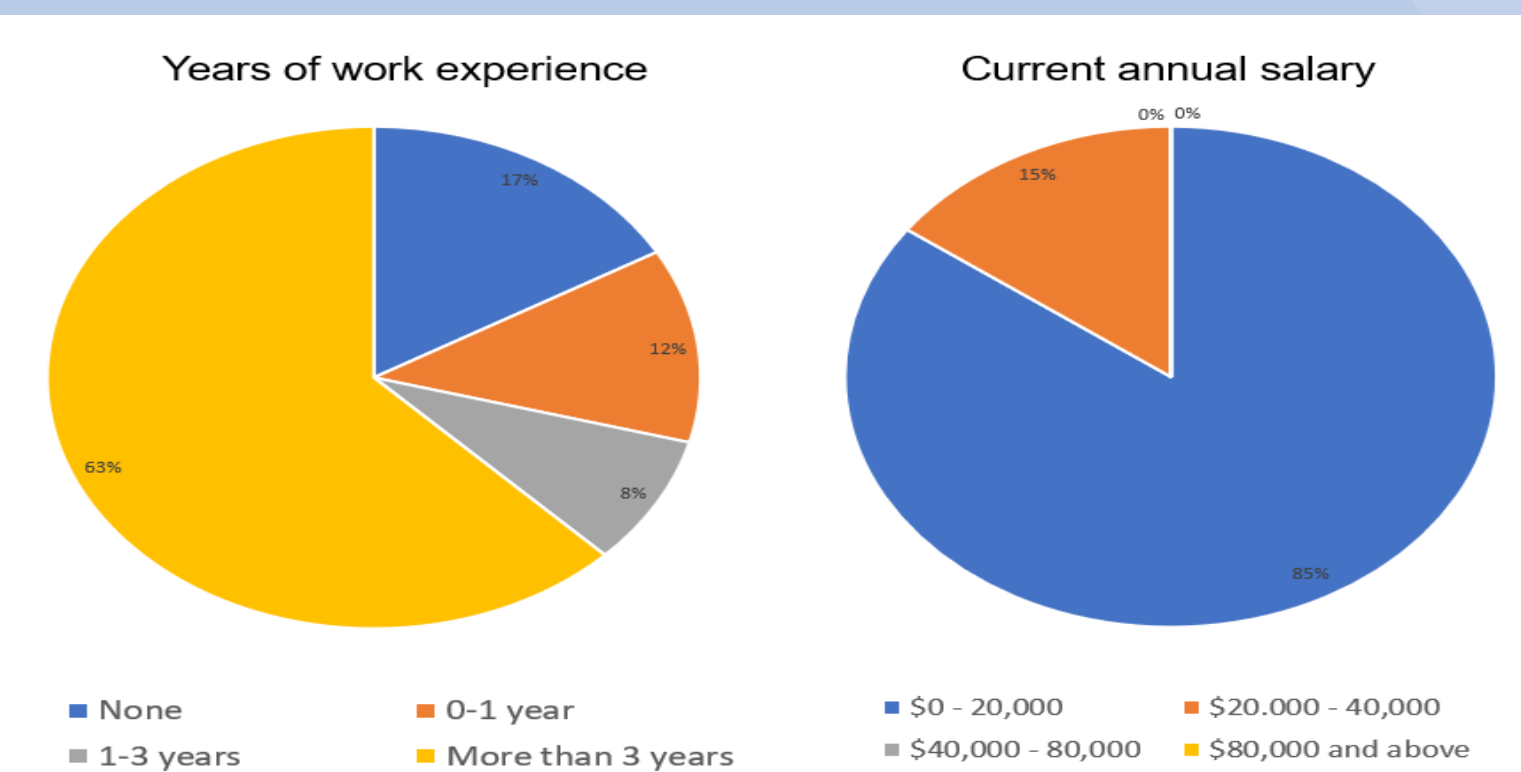
\*Process: With the help of Kaiser Permanente Financial Health Initiative grant we arranged various resume-building workshops, sessions, presentations related to credit, banking, and investments, and job fairs.

\*Research:

-86.36 % of participants were actively looking for a job.

-36.84% of participants were looking for higher wages.

-42.11% of Participants were looking for job satisfaction.



## Second Goal

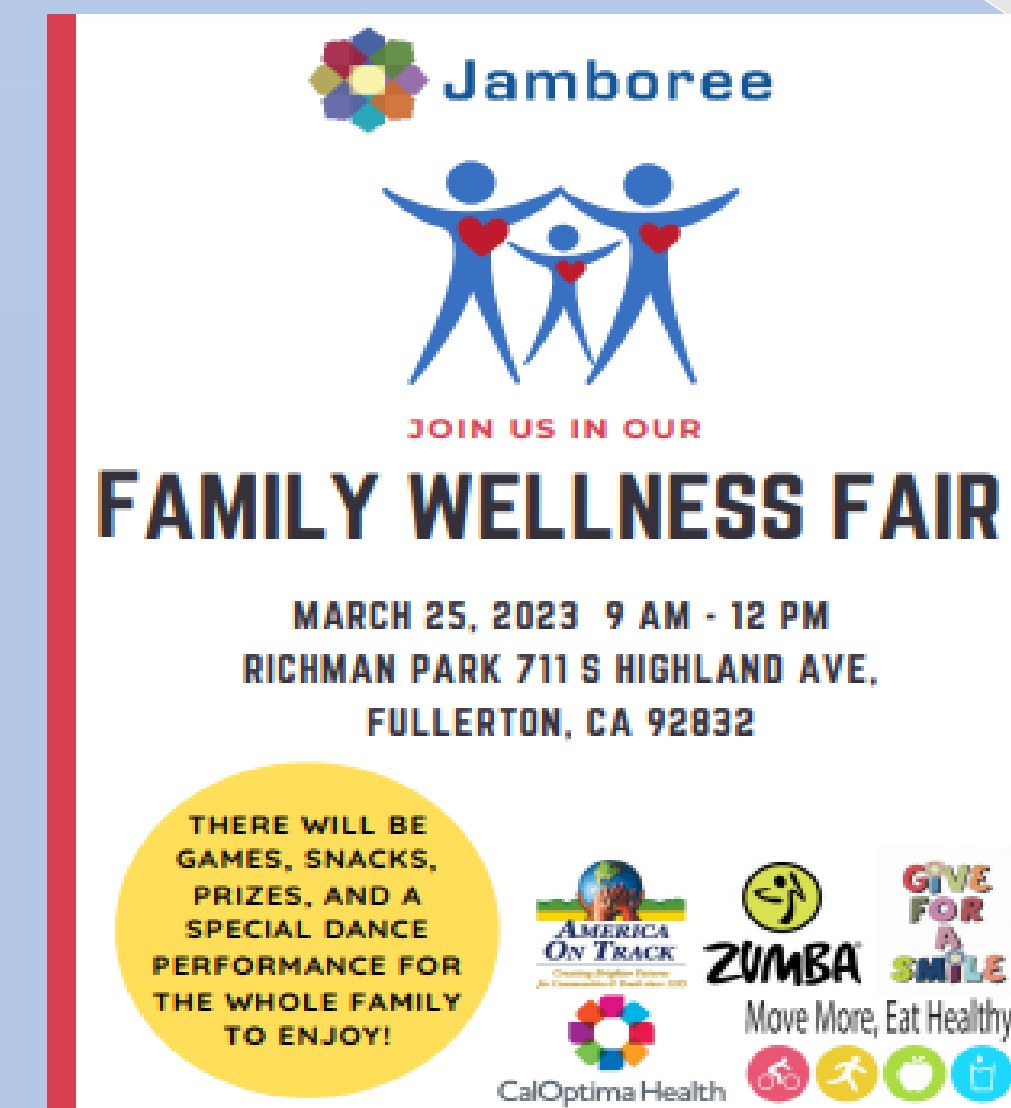
\*By the end of March 2023, host a health fair for the residents of Fullerton that will provide wellness and health initiatives, raise awareness about a healthy lifestyle.

Family Wellness Fair had two purposes:

1. To teach the importance of active living, nutrition and healthy eating and to provide tools & resources.
2. To address Mental health disorders, find resources for Prevention and Management.



Partners in Jamboree's Wellness Fair	Benefits for Fullerton Residents
America On Track	Provided the benefit of learning leadership skills, fitness, nutrition, tobacco and vape use prevention, and drug use prevention education.
Providence St. Jude Medical Center	Educating about the "Move More, Eat Healthy" campaign, which is focused on combating the obesity epidemic through physical activity and improved nutrition.
OCAPICA (Orange County Asian and Pacific Islander Community Alliance)	Shared information about their mental health services provided in various languages including case management and counseling to children, youth, and their families
OCHCA	"Helmet Safety Program." Every interested participant has received a one-on-one helmet fitting by a trained helmet fitter and received a complimentary helmet.
OCPACE	Talked to seniors about their various programs for receiving the care and support they need to age independently in the comfort of their own homes while living their best lives.
OC Vajrayogini Kadampa Buddhist Center	Shared information about meditation in Spanish. More than 25 participants signed up for the complimentary sessions, which will be held at the Jamboree Compass Rose location for easy reach by residents.
PHFE WIC	Shared information about breastfeeding services, nutrition education, healthy foods, and the way they can connect low-income families with various resources, such as CalFresh, SNAP, child support, child health and disability prevention, immunization, etc.
Partners 4 Wellness	Provided information about mental health conditions, counseling, treatment, and various programs they offer.



## Conclusions

\*This was a perfect match to work on SDOH: health promotion, disease prevention, family development and financial literacy. We brought many available resources together in Fullerton to bring financial independence to Jamboree residents. 9% of residents reported finding a new job before the end of 2022. Family Wellness Fair did a great job activating communities. It raised awareness about health issues and made various resources available for help and support. Residents are acquiring healthy habits, staying active, and making their wellbeing a priority. Many youth found the opportunity to learn leadership skills and to work towards creating a healthy future. These initiatives will advance health equity and help reduce the rising cost of health care by preventing and managing chronic health conditions. Most importantly it showed residents that Jamboree Housing Corp. cares about the wellness and growth of the communities.

## Policy Recommendations

\*Services provided by various non-profit organizations are not advertised enough or done properly. This leads to either residents being uninformed or unwilling to participate, eventually missing an entire support system to improve the quality of their lives. Every grant approved to non-profit organizations needs to have a budget for advertising their services, so communities will be engaged completely.

## Acknowledgments

\*This work would not have been possible without the exceptional support of my preceptor and mentor, Benjamin Sanchez, Senior Manager of Community Impact at Jamboree. His enthusiasm, knowledge, and exacting attention to detail have been an inspiration and kept my work on track from day one.

\*I am also indebted to Femi Perez, Resident Services Coordinator at Jamboree, for relentlessly supporting my vision.

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