



Why Rancho Cucamonga is a great place to live.

There are uncountable reasons that make Rancho Cucamonga a unique and great place to live. One thing we know for sure is that the City is providing multiple services that promote the health and safety of its residents. And to ensure the effectiveness of these services and keep them in line with the resident's needs, the City is evaluating the quality of life in the community by surveying the residents every five years.

Rancho Cucamonga quality of life survey.

The quality of life survey evaluates residents' insight on the quality of life, community connections & belonging, health information, nutrition and eating habits, access to care, physical activity, and mental health.

The findings of this survey suggest that Healthy RC is having an overall positive impact on the City and improving the health of its residents by making changes in individual knowledge, attitudes, and behaviors.



Quality of life

Respondents reported positively in quality of life measures, with a majority of respondents stating that Rancho Cucamonga was a safe place to live, raise children, and age in.

Health information

The health outcomes within the City of Rancho Cucamonga show downward trends in diabetes, heart diseases, and cancer rates during the implementation of Healthy RC.



Health behaviors

The majority of respondents were physically active and had positive attitudes and motivations toward eating healthy.

Mental Health

Residents who were participating in at least one of the city activities reported a better mental health status than the residents who didn't participate in any.

