

IMPROVING SENIOR SAFETY AND HEALTH OUTCOMES SAFE ROUTES FOR SENIORS IN UNINCORPORATED LOS ANGELES COUNTY

Los Angeles County Department of Public Health
PLACE Program

Background

As people age in unincorporated Los Angeles communities, it is vital to implement policies and programs that promote safe, walkable streets for all populations, namely those that are more vulnerable (ie; seniors age 65+).

Exposure to safe walking environments provides opportunity to improve social determinants of health and quality of life through increased levels of physical activity and upgraded pedestrian access to senior serving facilities.



Strategies for Implementation of Policy Change for Positive Environmental and Health Behavior Outcomes



Safety Walk Audits



Partnerships



Senior Surveys

Collaborating with local stakeholders & partnering up with local community-based organizations aims to maximize awareness and advocacy. This aims to improve senior participation through disseminating important health information for education and creating a deeper sense of community engagement.

Eleeza Babaknia April 2020

Randall Lewis Health Policy Fellowship



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Public Health

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From 2010 to 2030, LA's population of people over 65 is expected to nearly double, from 1.1 million to 2.1 million. Seniors in Los Angeles are overrepresented in fatal and serious pedestrian crash data.

Goals of Implementing Safe Routes For Seniors

Education and Awareness

Outreach and Inclusion

Infrastructure and Safety

The recommended course of action for the County of Los Angeles is to take both preemptive and preventative measures to provide viable alternatives, both physical and educational.

The County should follow the City of San Francisco's model.



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