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MotherToBaby

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MotherToBaby is the nation's most trusted source of evidence-based information on the safety of medications and other exposures during pregnancy and while breastfeeding.

Every baby deserves the best start...

- Ask Us about medications, medical conditions & other exposures in pregnancy and while breastfeeding
- Access free online fact sheets
- Join a pregnancy study

877.311.8972
mothertobaby.org



Research Fueled by Moms, for Moms

Observational pregnancy research aims to find answers to whether mom's health conditions and treatments affect her pregnancy.

PARTICIPATION IS EASY!

- 1 to 3 phone interviews during pregnancy with at least 1 interview after delivery
- Releasing medical records for your pregnancy and for your baby
- May include a free specialized pediatric exam and developmental testing for your baby
- No travel or changes to your medication use or healthcare routine

When you have questions about...

Prescription and over-the-counter medications



Infections and vaccines



Medical conditions (like asthma, psoriasis, arthritis, and more)



Recreational substances (like alcohol, marijuana, tobacco, and more)



Workplace exposures (like radiation, chemicals, lead, and more)

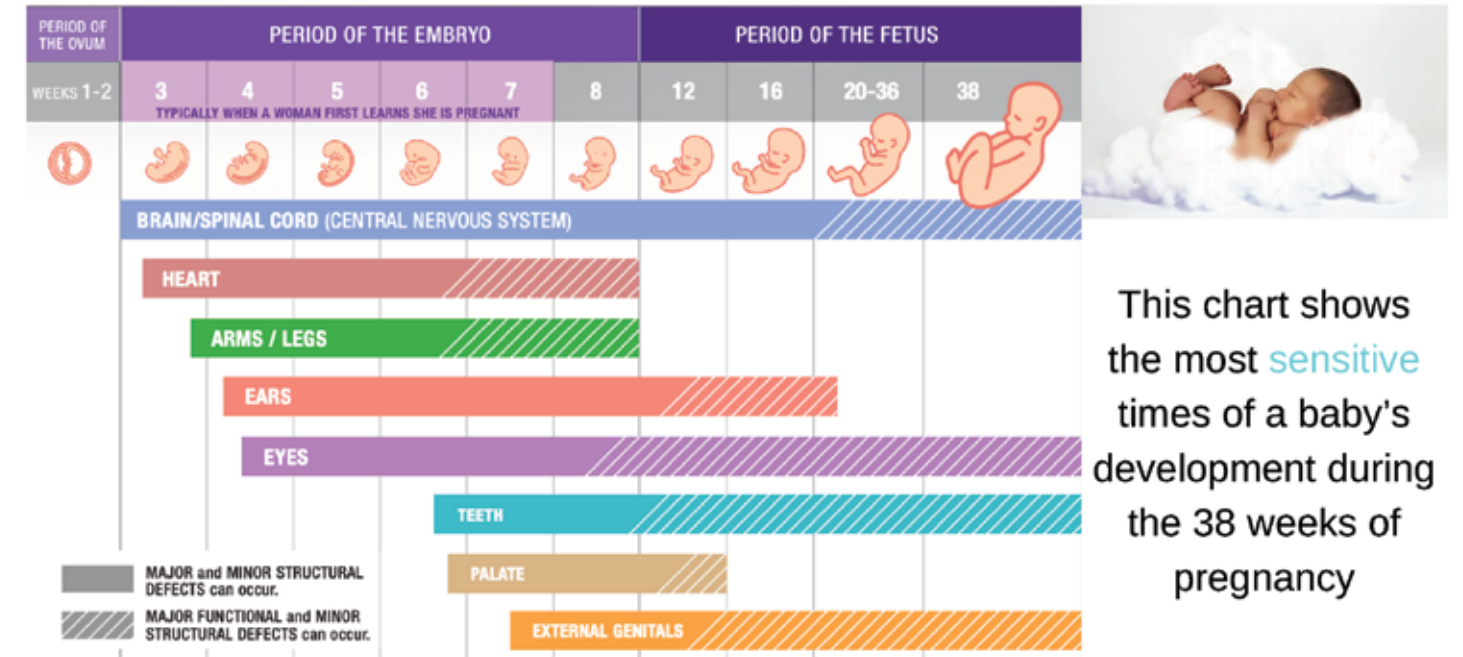


Other common exposures (like caffeine, cosmetics and hair treatments, insect repellents, and more)



... contact our experts to receive personalized information!

Speak directly with a specialist at
877.311.8972
MotherToBaby.org
MotherToBaby App
Hablamos Español



This chart shows the most sensitive times of a baby's development during the 38 weeks of pregnancy

Adapted from Moore, 1993 and the National Organization on Fetal Alcohol Syndrome (NOFAS) 2009

Fetal Alcohol Spectrum Disorders Health Crisis

Fetal Alcohol Spectrum Disorder (FASD) is the most common preventable group of neurodevelopmental disabilities in the world.

The term, FASD, covers the following disorders:

- Fetal Alcohol Syndrome (FAS)
- Partial Fetal Alcohol Syndrome (pFAS)
- Alcohol-related Birth Defects (ARBD)
- Alcohol-Related Neurodevelopmental Disorder (ARND)

Three significant factors must be addressed in the diagnosis of FASD

- (1) physical growth, development, and structural defects (i.e., dysmorphology)
- (2) cognitive function and neurobehavior
- (3) maternal exposure and risk



Characteristics of FASD



Centers for Disease Control and Prevention. (2002). Alcohol use among women of childbearing age—United States, 1991-1999. MMWR 51(13): 273-276. www.cdc.gov/mmwr/preview/mmwrhtml/mm5113a2.htm.

May, P. A., & Gossage, J. P. (2011). Maternal Risk Factors for Fetal Alcohol Spectrum Disorders: Not As Simple As It Might Seem. Alcohol Research & Health, 34(1), 15-26.

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MotherToBaby (Ed.). (2018). Alcohol. Retrieved from https://mothertobaby.org/fact-sheets/alcohol-pregnancy/