

## Upland Unified School District Nutritional Services Health Campaign

Karisma Melwani, MSHS  
Western University of Health Sciences  
Upland Unified School District: City of Upland  
Preceptor: Ksenia Glenn



UUSD Nutrition Services is a dept. made up of a team of food and nutrition professionals that are dedicated to students' health, well being and their ability to learn. With COVID-19, UUSD was faced with challenges on how to ensure and provide students were receiving healthy and nutritional meals.

My goal as a fellow and intern was to create visuals and videos for the Nutrition team. I captured various employees working, dedicating time during the peak of the pandemic to make sure students received meals weekly.

During my time at UUSD, I helped with the Food Corps. Initiative, together we planted seeds to harvest future vegetables for the Farm to Plate program

The Nutrition Services team developed a farm to house program. The program serves 11 schools with a population of: Not only does Nutrition Services provide for students on a daily basis, but provides for the fundamentals for healthy eating. Baldy View Elementary & Upland High School have on site citrus trees and vegetable gardens where authorized faculty harvest various vegetables such as lemons, oranges, cabbage and eggplant.



## Upland Unified School District Nutritional Services Health Campaign

Karisma Melwani, MSHS  
Western University of Health Sciences  
Upland Unified School District: City of Upland  
Preceptor: Ksenia Glenn



Over the course of 2 months, two videos were created. The first: capturing the faces behind the community. The second: promoting UUSD's Farm to Plate program, encouraging the community to take full interest in this extremely beneficial program.



The second phase of my fellowship consisted of creating visuals to market the what UUSD's goals are.



Months of planning, directing and editing went into creating 2 video infomercials for UUSD's current site. The goal here was to recognize and acknowledge how hard UUSD employees work to create a healthy meal plan for the community.