

Health, Housing, and Hope

April 24, 2019

The Hope through Housing Foundation (HTHF) provides resident services to over 80 National Community Renaissance (CORE) affordable housing committees throughout California and Texas. HTHF is committed to breaking the cycle of generational poverty by addressing three important areas:

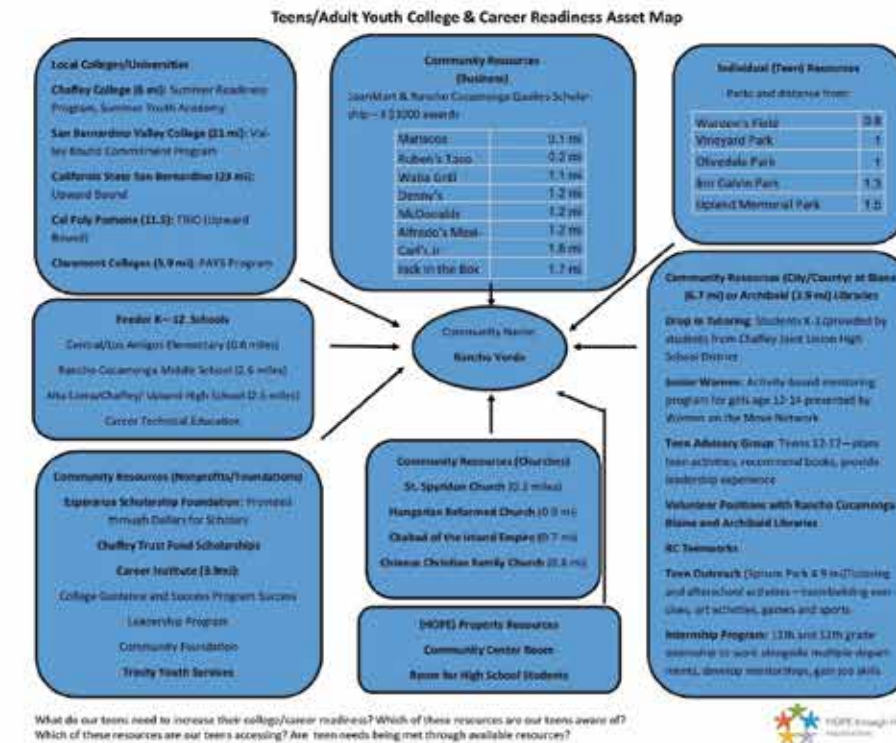
1. Economic mobility
2. Youth/teen development with emphasis on education
3. Senior well-being and wellness



Housing, economic stability and education are three important social determinants of health. For residents in San Bernardino and Riverside Counties (Inland Empire), prevalence rates of deaths from cancer, strokes, cardiovascular disease, suicide, and homicide are much greater than the California state average. By addressing two important areas of adult employment and teen college and career readiness, we hope to combat against the poor health outcomes and build a healthier future for our residents. The greater focus of this project was program development for HTHF teen residents.

Addressing the Problem Community Asset Mapping

In order to better visualize and understand the resources available to our teens, we created a community asset map focusing on college/career readiness and community resources targeted toward teen youth. Below is the community asset map for the Rancho Verde Village property.



What does this mean and what are we doing?

The problem may not be that there is a paucity of resources available, but rather our teens cannot readily access them due to distance from the property or operating hours. We foresee that development of teen programming will come from a coordination of resources and partnerships as opposed to a complete build out of a new program. The next step was to conduct a focus group with our key stakeholders - the teen residents! With a group of 17 Rancho Verde youth, we discovered what some of their goals after high school graduation and what their interests were to inform the development of programming.

References

1. What Makes Us Sick? (2014). Retrieved April 9, 2019, from <http://www.waterloowellingtonlin.on.ca/forhsps/equity/socialdeterminants.aspx>
2. Greene, J., MD, MS, Badley, E., MHA, Nguyen, T., Cutler, K., & Adams, M., MPPA. (2018). *County Health Status Profiles*. California: California Department of Public Health.